

Bens Original Long Grain Microwave Rice 250g

Ingredients

Steamed Parboiled Long Grain Rice (99%), Sunflower Oil

Allergens

Suitable for Vegetarians

Nutrition

	Per 100g	Per portion (125g)
Energy Values	566 (KJ) / 134 (Kcal)	708 (KJ) / 168 (Kcal)
Fat	0.9g	1.1g
(of which Saturates)	<0.1g	<0.1g
Carbohydrate	28g	35g
(of which Sugars)	<0.5g	<0.5g
Fibre	0.7g	0.9g
Protein	2.7g	3.4g
Sodium		
Salt	<0.01g	<0.01g
Salt Equivalent		

Product Description

Brand: Ben's Original
EAN: 5010034011618
Steamed parboiled long grain rice.

Storage & Usage

Storage: Ambient

Storage Type: Store in a dry place at room temperature. Once opened refrigerate unheated rice for up to 3 days.

Manufacturer Address

GB: Freepost Mars Food UK.
0800 952 1234
www.bensoriginal.co.uk

IE: Mars Ireland Ltd,
PO Box 3856,
Dublin 4.
1800 013 013
www.bensoriginal.ie