

Birds Eye 4 Battered Fish Fillets 400g

Ingredients

Alaska Pollock (FISH) (51%), Batter Coating*, Rapeseed Oil, *Batter Coating (WHEAT Flour, Water, Starch (Potato, WHEAT), Flour (Rice, Maize), Salt, Raising Agents (Disodium Diphosphates, Sodium Carbonates), Dextrose, Skimmed MILK Powder, Palm Fat, MUSTARD, Pepper Extract, Natural Flavours, Calcium Carbonate, Iron, Niacin, Thiamin)

Allergens

CONTAINS: FISH, MILK, MUSTARD, WHEAT

Nutrition

	Per 100g	Per Portion Oven Baked Provides:
Energy Values	1016 (KJ) / 243 (Kcal)	1016 (KJ) / 243 (Kcal)
Fat	14g	14g
(of which Saturates)	1.2g	1.2g
Carbohydrate	18g	18g
(of which Sugars)	0.5g	0.5g
Fibre	0.6g	0.6g
Protein	11g	11g
Sodium		
Salt	1.2g	1.2g
Salt Equivalent		

Product Description

Brand: Birds Eye

EAN: 5000116102815

Portions Formed from Pieces of Alaska Pollock Fillet, Coated in a Crispy Batter, Lightly Fried.

Storage & Usage

Storage: Frozen

Storage Type: Store in a freezer at -18°C or cooler.

Manufacturer Address

Careline Information...
Call Us Free on 0800 33 22 77
Mon - Fri 8am to 6pm
ROI: Callsave 1800 817 358
Birds Eye Ireland,
Monread Rd,
Naas,
Co. Kildare,
W91 HE67,
Ireland.

Birds Eye Limited,
Freepost ADM3939,
London,
SW1A 1YS.
www.birdseye.co.uk

If writing, please enclose the Best Before End panel.