

Cheerios Honey 370g

Ingredients

Whole Grain OAT Flour (28.1%), Whole Grain WHEAT (28.1%), Sugar, Whole Grain BARLEY Flour (16.9%), WHEAT Starch, Honey (3.9%), Whole Grain Maize Flour (2%), Whole Grain Rice Flour (1.9%), Calcium Carbonate, Invert Sugar Syrup, Salt, Sunflower Oil, Molasses, Antioxidant: Tocopherols, Natural Flavouring, Iron, Vitamin C, B3, B5, D, B9, B6, B2

Allergens

CONTAINS: BARLEY, OATS, WHEAT

MAY CONTAIN: MILK

Kosher

Suitable for Vegetarians

Nutrition

	Per 100g	Per 30g serving
Energy Values	1605 (KJ) / 380 (Kcal)	482 (KJ) / 114 (Kcal)
Fat	3.8g	1.1g
(of which Saturates)	0.8g	0.2g
Carbohydrate	73.4g	22g
(of which Sugars)	22.3g	6.7g
Fibre	8.5g	2.5g
Protein	8.7g	2.6g
Sodium		
Salt	0.67g	0.2g
Salt Equivalent		

Product Description

Brand: Cheerios

EAN: 7613287169990

Fortified Mixed Whole Grain Sweetened Cereal Os with Honey

Storage & Usage

Storage: Ambient

Storage Type: Store in a Cool, Dry Place

Manufacturer Address

Tell Us What You Think:

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