

## Cheerios Multigrain 390g

### Ingredients

Whole Grain OAT Flour (29.5%), Whole Grain WHEAT (29.5%), Whole Grain BARLEY Flour (17.8%), Sugar, WHEAT Starch, Invert Sugar Syrup, Whole Grain Maize Flour (2.0%), Whole Grain Rice Flour (2.0%), Sunflower Oil, Calcium Carbonate, Salt, Molasses, Caramelised Sugar Syrup, Colours: Annatto Norbixin, Carotene, Antioxidant: Tocopherols, Iron, Vitamin C, B3, B5, B9, D, B6, B2

### Allergens

**CONTAINS: BARLEY, OATS, WHEAT**

**Kosher**

**Suitable for Vegetarians**

### Nutrition

	Per 100g	Per 30g serving
Energy Values	1620 (KJ) / 384 (Kcal)	486 (KJ) / 115 (Kcal)
Fat	5g	1.5g
(of which Saturates)	0.9g	0.3g
Carbohydrate	71g	21.3g
(of which Sugars)	17.6g	5.3g
Fibre	8.9g	2.7g
Protein	9.2g	2.8g
Sodium		
Salt	0.83g	0.25g
Salt Equivalent		

### Product Description

Brand: Cheerios

EAN: 7613287157201

Fortified Mixed Whole Grain Sweetened Cereal Os

### Storage & Usage

Storage: Ambient

Storage Type: Store in a Cool, Dry Place

### Manufacturer Address

Tell Us What You Think:

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