

Fibre One 90 Calorie Chocolate Fudge Brownies 5 x 24g

Ingredients

Oligofructose, Vegetable Fats and Oils (Palm, Sunflower, Shea), Sugar, Humectant (Glycerol), Fat-Reduced Cocoa Powder, Fructose, Flavourings, Raising Agents (Diphosphates, Sodium Bicarbonate), Salt, Water, Antioxidant (Tocopherol-Rich Extract), Thickeners (Locust Bean Gum, Xanthan Gum), EGG White Powder, Chocolate Flavour Fudge Pieces (Oligofructose, Vegetable Fats (Palm, Shea), Sugar, Fat-Reduced Cocoa Powder, Emulsifier (SOY Lecithin), Whole MILK Powder), Whole MILK Powder, WHEAT Fibre, WHEAT Flour, Emulsifier (SOY Lecithin)

Allergens

CONTAINS: EGGS, MILK, SOYA, WHEAT

MAY CONTAIN: NUTS

Suitable for Vegetarians

Nutrition

	Per 100g	1 x bar (24g)
Energy Values	1434 (KJ) / 345 (Kcal)	344 (KJ) / 83 (Kcal)
Fat	13.7g	3.3g
(of which Saturates)	8.1g	1.9g
Carbohydrate	40.7g	9.8g
(of which Sugars)	20.3g	4.9g
Fibre	25.3g	6.1g
Protein	4.8g	1.1g
Sodium		
Salt	1g	0.24g
Salt Equivalent		

Product Description

Brand: Fibre One

EAN: 8410076621030

High in fibre brownie with chocolate flavour fudge pieces (10%) and chocolate flavour drizzle (7%).

Storage & Usage

Storage: Ambient

Storage Type: Store in a cool, dry place.
For best before date see bottom of the pack.

Manufacturer Address

Your comments and questions are welcome

Careline: 08000 304 753 (UK)

1800 535 115 (ROI)

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