

f'real Chocolate Milkshake

250g unblended

Ingredients

Before blending: Reconstituted Skimmed **MILK** (57%), Cream (**MILK**) (17%), Sugar, Glucose Syrup, Lactose (**MILK**), **MILK** Protein, Dark Chocolate (1.5%) (Cocoa Mass, Sugar, Emulsifier (**SOYA** Lecithin), Natural Flavouring), Skimmed Cocoa Powder (1%), Stabilisers (Locust Bean Gum, Guar Gum), Cocoa Extract.

Allergy Advice: For allergens please see ingredients in CAPITAL and Bold letters. May contain traces of nuts, wheat, gluten and egg. Suitable for Vegetarians.



	Per 100 g	Per 250 g (Portion cup)
Energy values	768kJ / 183kcal	1920kJ / 458kcal
Fat	7.6g	19.0g
(of which saturates)	5.4g	13.5g
Carbohydrate	24.1g	60.3g
(of which sugars)	20.7g	51.8g
Fibre	N/A	N/A
Protein	4.2g	10.5g
Salt	0.26g	0.66g

Name and Address

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Storage and Usage

Consume once blended.
Do not re-freeze after blending.