

## Idahoan Perfect Mash Cheddar Cheese Flavoured 109g

### Ingredients

Idaho® Potatoes (74%), Vegetable Oils (Coconut, Sunflower, Rapeseed), Maltodextrin, Dried Cheese (MILK) (5%), Salt, Sugar, Skimmed MILK Powder, Cream (MILK), Flavourings, MILK Solids, Preservatives (Diphosphates, Sodium Bisulphite (SULPHITES)), Colour (Paprika Extract), Spice Extract, Antioxidants (Tocopherol-Rich Extract, Citric Acid)

### Allergens

**CONTAINS: MILK, SULPHUR DIOXIDE/SULPHITES**

**Gluten free**

**Suitable for Vegetarians**

### Nutrition

	Per 100g	Per Portion (180g, as prepared)
Energy Values	(KJ) / (Kcal)	609 (KJ) / 145 (Kcal)
Fat		4g
(of which Saturates)		2.7g
Carbohydrate		23g
(of which Sugars)		1g
Fibre		
Protein		3.2g
Sodium		
Salt		0.91g
Salt Equivalent		

### Product Description

Brand: Idahoan  
EAN: 29700921453  
Dried Mashed Potatoes with Cheese

### Storage & Usage

Storage: Ambient  
  
Storage Type: Store in a dry place at room temperature.

### Manufacturer Address

Euro Food Brands,  
1 Kimbell Mews,  
NN2 8XB.  
Questions or comments? Call UK 0345 193 0406  
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[www.idahoan.co.uk](http://www.idahoan.co.uk)