

MEDIUM WHOLEMEAL

800g e



Ingredients

Wholemeal **WHEAT** Flour, Water, **WHEAT** Gluten, Yeast, Rapeseed Oil, Salt, Spirit Vinegar, **SOYA** Flour, Preservative (Calcium Propionate), Caramelised Sugar, Emulsifier (Mono- and Di-Acetyl Tartaric Acid Esters of Mono- and Di-Glycerides of Fatty Acids), Palm Oil, Flour Treatment Agent (Ascorbic Acid).

Allergens

Allergy Advice: For allergens, including cereals containing gluten, see ingredients in **BOLD**.

Nutrition

	Per 100g	One slice (40g)	*% RI	RI* average adult
Energy values	986kJ/234kcal	395kJ/93kcal	5%	840kJ/2000kcal
Fat	2.9g	1.2g	2%	70g
(of which saturates)	0.6g	0.2g	1%	20g
Carbohydrate	36.7g	14.7g	0%	0g
(of which sugars)	3.0g	1.2g	1%	90g
Fibre	6.6g	2.6g	0%	0g
Protein	11.9g	4.8g	0%	0g
Salt	0.9g	0.4g	7%	6g

Pack contains 20 servings *Reference intake of an average adult (8400kJ / 2000kcal)

Product Description

Brand: One Stop

Regulated Product Name: Medium sliced wholemeal bread.

Name and Address

One Stop Stores Ltd.
Apex Road, Brownhills,
Walsall, West Midlands.
WS8 7HU.

Storage and Usage

Storage Type: Ambient.

Storage: Store in a cool, dry place. Suitable for home freezing. Ideally freeze as soon as possible after purchase but always by 'best before' date shown. Defrost thoroughly for a minimum of 2 hours at room temperature. Once defrosted, do not refreeze. Product will remain at its best if pack is resealed between uses and not refrigerated. Best before: See bag tie.

Lifestyle: Suitable for vegans.

Safety Warning

Plastic bags can be dangerous. To avoid any danger of suffocation, keep this bag away from babies and small children.