

John West Sardines in Tomato Sauce 120g

Ingredients

SARDINES (71%), Water, Concentrated Tomato Paste (11%), Salt

Allergens

CONTAINS: FISH

MAY CONTAIN: MUSTARD

Nutrition

	Per 100g	Per can (120g)
Energy Values	685 (KJ) / 164 (Kcal)	822 (KJ) / 197 (Kcal)
Fat	10g	12g
(of which Saturates)	2.5g	3g
Carbohydrate	1.5g	1.8g
(of which Sugars)	1.5g	1.8g
Fibre	0g	0g
Protein	17g	20g
Sodium		
Salt	1g	1.2g
Salt Equivalent		

Product Description

Brand: John West
EAN: 5000171010209
Sardines in Tomato Sauce

Storage & Usage

Storage: Ambient

Storage Type: Once opened, keep any unused product covered, refrigerated and consume within 2 days.

For Best Before End and Ocean of Catch: See Side of Can

Manufacturer Address

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