

Quaker Porridge To Go Golden Syrup Breakfast Bar 55g

Ingredients

Wholegrain Rolled OAT Flakes (36%), Wholegrain OAT Flour (19%), Oligofructose, Humectant (Glycerol), Cereal Crisps (Rice Flour, OAT Flour (1%), Sugar, Calcium Carbonate, BARLEY Malt Extract), Golden Syrup (7%), Brown Sugar, Sunflower Oil, Modified Starch, ALMOND Flour, Skimmed MILK Powder, Salt, Emulsifier (SOY Lecithin), Antioxidant (Tocopherol Rich Extract), Raising Agent (Sodium Bicarbonate), Calcium Carbonate, Natural Flavouring

Allergens

CONTAINS: ALMONDS, BARLEY, MILK, OATS, SOYA
MAY CONTAIN: NUTS, PEANUTS, SESAME, WHEAT

Nutrition

	Per 100g	Per 55g
Energy Values	1672 (KJ) / 397 (Kcal)	920 (KJ) / 218 (Kcal)
Fat	8.1g	4.5g
(of which Saturates)	1.1g	0.6g
Carbohydrate	69g	38g
(of which Sugars)	12g	6.6g
Fibre	11g	6.1g
Protein	6.4g	3.5g
Sodium		
Salt	0.51g	0.28g
Salt Equivalent		

Product Description

Brand: Quaker
EAN: 5000108763291
Golden Syrup Flavour Wholegrain Oat Cereal Bar.

Storage & Usage

Storage: Ambient

Storage Type: Store in a cool dry place

Manufacturer Address

Quaker Quality Promise
We're here to help.
quaker.co.uk or
UK 0800 0324490
ROI 1800 509408
Weekdays 9am - 5pm
Consumer Care,
Quaker Oats,
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Leicester,
LE4 8YZ.

EU: Quaker Oats,
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Please have product available when contacting us. Applies to UK and Republic of Ireland only. Your statutory rights are not affected.