

Tilda Microwave Coconut Basmati Rice 250g

Ingredients

Natural Basmati Rice - Steamed (89%), Coconut Cream (7.5%), Desiccated Coconut (2.3%), Sunflower Oil, Lime Leaf

Allergens

No Added Salt

Suitable for Vegans

Suitable for Vegetarians

Nutrition

| | Per 100g | Per 125g Serving |
|----------------------|-----------------------|-----------------------|
| Energy Values | 683 (KJ) / 162 (Kcal) | 857 (KJ) / 204 (Kcal) |
| Fat | 5g | 6.3g |
| (of which Saturates) | 3.6g | 4.5g |
| Carbohydrate | 25.2g | 31.5g |
| (of which Sugars) | 0.4g | 0.5g |
| Fibre | 1.5g | 1.9g |
| Protein | 3.4g | 4.3g |
| Sodium | | |
| Salt | 0.03g | 0.03g |
| Salt Equivalent | | |

Product Description

Brand: Tilda

EAN: 5011157888316

Coconut Basmati Rice

Storage & Usage

Storage: Ambient

Storage Type: Once opened keep refrigerated and use within 2 days.

Manufacturer Address

Tilda,
PO Box 550,
Rainham,
RM13 9AE,
UK.